



# **JHU HEAT Corps Workshop**

*Long COVID & What We Know*

**Digital Workbook**

## **Workshop Vocabulary:**

**Use the space below to define terms used in workshop.**

➤ **COVID-19/SARS-CoV-2**

➤ **Long COVID**

➤ **Vaccine**

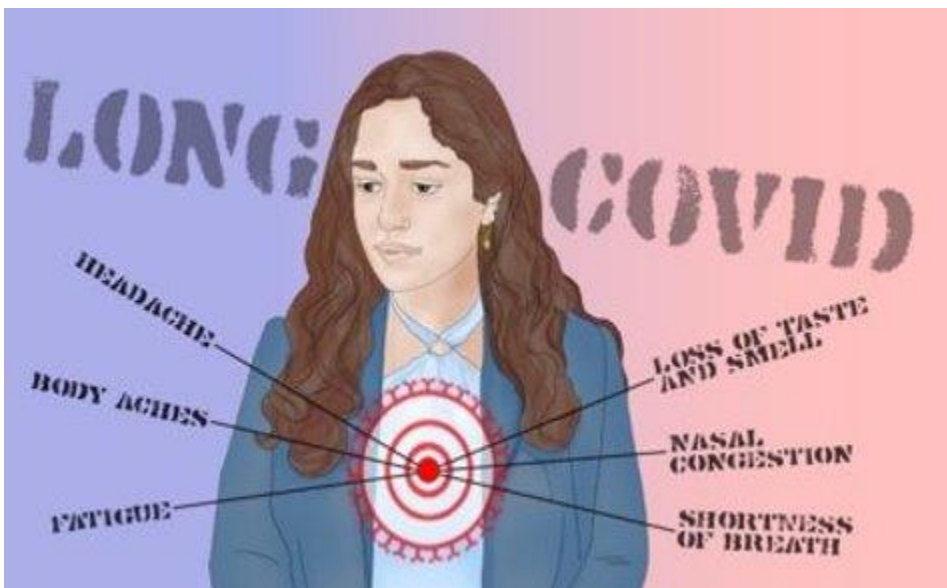
➤ **Boosters**

➤ **Pandemic**

## **What is Long COVID?**



**What are some common responses to Long COVID? Please list them below:**





**What can you do for your community? Be a leader!**

**Our goal is to increase health literacy skills across the world, so more people feel confident in making informed decisions about their health! The more people understand the facts, the more empowered they are about the decisions they make that impact their health and way of life! It is important that in sharing knowledge, we can all promote health literacy!**

**We want you to share what you have learned through this workshop with your community!**

