



# E-Cigarettes and the Dangers of Vaping

Digital Workbook

## Workshop Vocabulary:

- **Respiratory System**
- **Vaping**
- **Electronic Cigarettes (E-Cigs)**
- **Asthma**
- **Emphysema**
- **Nicotine**
- **Diacetyl**
- **Peer Pressure**

**Identify:**

- **2 functions of the respiratory system:**
  
- **2 parts of the respiratory system:**
  
- **What are the main functions of the lungs?**
  
- **What is vaping? Describe below:**





# JOHNS HOPKINS

HEALTH EDUCATION  
& TRAINING CORPS

## **Fight Stigma and Misinformation with HEAT!**

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**Our goal is to increase health literacy skills, so more people feel confident in making informed decisions about their health! The more people understand the facts, the more empowered they are about the decisions they make that impact their health and their way of life!**

**It is important to realize that in sharing information consistent with known scientific truths, we can all contribute to promoting health literacy! Share what you have learned through this workshop with your community!**